

## A Healing Tool for Chronic, Complex Illness By WALLY TAYLOR MD



**WALLY TAYLOR MD** 

I am incredibly excited to tell you about IASIS Micro Current Neurofeedback, a healing tool for chronic, complex illness which has dramatically changed my ability to assist long-suffering patients. I have added many new tools to my tool kit of "root cause" medicine over the past 25 years, but none has come close to having the amazing impact that IASIS Micro Current Neurofeedback has.

I have been treating folks with what I call chronic, complex illness for 45 years. For 25 of those years, I have practiced what I like to call "root cause" medicine.

By this I mean that I try to determine and help my patients eliminate the root cause(s) of what is causing their symptoms of illness. I now understand that our bodies have an amazing ability and tendency to heal and recover when toxins, toxicants, and toxic life events and circumstances are eliminated.

The chronic, complex illness that I refer to is a group of symptoms and that signs some people call "mystery illness". Some symptoms include chronic fatigue, intolerance of exercise, brain fog (a of symptoms including memory loss, loss of focus and problems), trouble solving headache. diffuse body aches, anxiety, depression, insomnia. cravings and addictions, phobias, allergies, autoimmunity, hormone problems, immune problems, digestive problems, and even cancers.

When I evaluate a patient coming to see me with chronic, complex illness, I always start with a thorough history of illness for that person. I always ask about the circumstances around the onset of symptoms or the time of significant worsening of symptoms. I have found over the years that I hear about an equal split between environmental exposures like indoor mold, toxic chemicals, and infection and stressful life circumstances as the trigger. For this reason, I equate environmental toxins and toxic life events (stress) as being of equal importance in causing the signs and symptoms of chronic, complex illness.

lasis Micro Current Neurofeedback -Migrate Back to the Automatic Setting Here is where it gets interesting! Environmental toxins and toxic life events and circumstances trigger a "threat response" in our subconscious, autonomic nervous system, which I prefer to call the automatic nervous system since it happens without even thinking about it. This threat response consists of the sympathetic "fight or flight" response and the dorsal vagal parasympathetic "freeze" response. Both responses are ancient. adaptive responses meant to protect us from threat. Unfortunately, due to changes in the environmental threats (toxins, toxicants, and toxic life events), nowadays we are "staying stuck" in these threat responses that in turn result in the many signs and symptoms of chronic, complex illness. The key is to assist the automatic brain to "unlock" or "become unstuck" and to migrate back to the automatic setting of calmness and tranquility also known as the parasympathetic or ventral vagal "rest, digest, and repair" setting. Eliminating toxins and toxic circumstances important, since these are the root cause triggers, but in most cases, I have found that this does not unlock the brain's threat response. Symptoms and signs often remain. This is where IASIS Micro Neurofeedback is Current changing the game!

Approved by the FDA as a tool for relaxation, the IASIS through a series of applications of very tiny levels of microcurrent (so tiny as to not be perceptible to most clients), seems to unlock the threat response of the brain such that it reverts back to a condition of calmness and tranquility. Amazingly, with each session of IASIS Micro Current Neurofeedback, the maintenance of the brain in this calm and tranquil state often becomes sustained. With restoration of the tranquil calm. parasympathetic "rest, digest and repair" state, I have observed that the symptoms and signs of chronic, complex illness disappear.

## Get Your Life Back With Iasis Micro Current Neurofeedback

In my care of clients with chronic, complex illness and even for folks with minor symptoms associated with excess triggering of the brain's threat response (which I find today is essentially everyone), I recommend a trial of therapy with IASIS Micro Current Neurofeedback to most everyone.

The outcomes of this course of therapy speak for themselves, loudly. Changes are usually seen quickly and consistently by clients as well as their families and friends. Of course, no therapy, in my 45 years of medical experience works for everyone.

Since it is so safe and relatively inexpensive, it is one of those situations where you really have to ask, "What have I got to lose". With chronic, complex illness the stakes are very high. Folks are desperate to just "get back their lives". IASIS Micro Current Neurofeedback is doing just that!

