



TECHNOLOGIES MCN: MICRO CURRENT NEUROFEEDBACK

### Foundations of IASIS MCN

### **Conducting an IASIS Session**

Visit Our Website microcurrentneurofeedback.com



### **CONDUCTING AN IASIS SESSION**



### **TOPICS FOR REVIEW**

- Preparing the 10/20 sites
- Affixing electrodes
- Starting the session
- Troubleshooting
- Operating the software
- Moving electrodes
- Exiting the software
- Cleanup
- Treatment Scenarios



- 1. Prepare the 10/20 sites
- 2. Affix the electrodes
- **3. Start the IASIS software**
- 4. Check impedance; troubleshooting impedance
- 5. Activate, then run the exposures
- 6. Pause, then move electrodes
- 7. Exit the software
- 8.Cleanup

**P:** Genesis E: 3



### **SP:** F3/F4, F7/F8, Fpz/Bz





### **Prepare the 10/20 Sites**

- Scrub with <sup>1</sup>/<sub>2</sub> pea-sized dab of SkinPure on each electrode site
- - Use a cotton round
  - Be vigorous or you'll have to do it again
- Wipe exfoliant granules away with a tissue and thoroughly pat the skin dry.







### **Affixing Electrodes**

- Affix the ground electrode
  - electrodes
  - Ground lead should be on the midline 20% below Bz
  - Apply a pea-sized amount of Elefix to ground lead site
  - Push the ground electrode into the Elefix so that the paste squishes through the waffle holes



### • Check the IASIS device to ensure you're using the correct





### **Affixing Electrodes**

- Affixing **Reference and (+)** Electrodes
  - The reference lead site is
    - On the mastoid if the client's sleep is excellent
    - On the pre-auricular area if sleep is an issue
  - Apply a pea-sized amount of Elefix to reference lead site
  - Push the correct electrode into the Elefix
  - Continue with all remaining sites





### Login and start IASIS software

Home Page - lasisWeb × +

C Q @ mcn.iasistech.com



IASIS Neurofeedback Portal

### Welcome to IASIS Neurofeedback Portal

### What is IASIS Neurofeedback?

The IASIS Neurofeedback device is indicated for relaxation training and muscle reeducation and prescription use consistent with 21 C.F.R. section 882.5050.

The ease and simplicity of treatment all distinguish it from a traditional neurofeedback device.

IASIS Neurofeedback is imperceptible and non-invasive and effortless to the client.

### IASIS Neurofeedback Is in the Cloud Portal Now

IASIS MCN operates in the Cloud now through this portal. To use your IASIS MCN device, you need to register a provider's' account heie/ Once Vegistered, it will take 24-72 hours to get it approved.









• Personal Login created



IASIS Neurofeedback Portal

### User Login

Log in to your IASIS MCN account.

Email	
iasismcn+1@gmail.com	
Password	
Log in	D



Register Login Videos & Manuals

Activate Windows



### • Two- Factor Authentication



IASIS Neurofeedback Portal

### Two-factor Authentication

IASIS MCN requires two-factor authentication to log in using Google Authenticator app. Open the app, get a new code and enter it below to log in. If you are logging in for the first time, you need to set up two-factor authentication following the link below.

### Enter a Google Authenticator code

Authenticator code

Log in



Register Login Videos & Manuals

Activate Windows



- You are in!
- Start Software

IASIS Neurofeedback Portal

Welcome, Barry Bruder

Now you have access to the IASIS MCN application. You must download and install the application if not done before. You may launch the application if it is already installed.

### Install IASIS MCN App

Click on the link below to download the IASIS MCN app to your local PC. Note the location where it is downloaded to, then go to that location and run IASIS-App-Setup to install it.

### Download IASIS MCN app

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### Launch IASIS MCN App

Click on the link below to launch the IASIS MCN app on your local PC. If the app does not launch, you need to download and install the IASIS MCN app first.

### Start IASIS MCN app

Stay logged In 🗹



Home Profile Logout Videos & Manuals

Activate Windows





### • PIN

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Click on the link below to download the IASIS MCN app to your local PC. Note the location where it is downloaded to, then go to that location and run IASIS-App-Setup to install it.	Click on the link below to launch the IASIS MCN app on your local PC. If the app does not launch, you need to download and install the IASIS MCN app first.	
Download IASIS MCN app	Start IASIS MCN app	
	Stay logged In 🖬	







### • Select Patient/Client

Start Sessions Review Exit

Select User			
Argueta, Gioria Ayala, Carolina Ayala, Tomas Barbeau Linda			
Bruder, Skylet Bruder, Skylet Burns, Quentin Durnell, Diana			
Galindo, Linda Galpin, Yvarte Magan, Alan	248		
Horeb, Nick Howerth, Conno	<i>x</i>		
New	Select	Edit	Delete









### • Start IASIS MCN

MINASIS MCN 7.0			
Start Sessions Review	Exit		
		Select Application	







• Impedance Screen

- Check battery indicator
- Check impedance values
  - Green 0-24 Komh
  - Yellow 25-49 Komh
  - Red 50+ Komh
- Click Start







- Select Protocol
- Start







### Running





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The light on the IASIS device will come on when the device is active









- Impedance Screen
  - Low battery:
    - change them
  - High

impedance: fix this









### **Troubleshooting**

- Impedance is the main issue
  - Electrode set lifespan is 10-30 uses; change them as needed
    - Active electrodes typically degrade first
    - Impedance will be higher with each use, so you'll know when it's time
  - Re-prep the high-impedance site with SkinPure (scrub slightly harder) and witch hazel
  - Be sure all SkinPure grit is wiped clean
  - Change the batteries in the IASIS device if the battery is low





### **Troubleshooting**

- Impedance is the main issue
  - $\circ$  If impedance is in the same high range for all four +/- leads, the ground lead is the culprit
    - Adjust placement, or re-prep ground lead site
  - Tiny hairs trapped under the electrode can wreak havoc
  - Close the software correctly, then unplug and reconnect the IASIS device
  - Unplug the IASIS device from, and then restart the laptop







### **Troubleshooting**

- Error messages related to "C2" (IASIS device)
  - Correctly exit the software
  - Unplug USB connection
  - Reboot the computer
  - Plug in USB connection
  - Operate IASIS as usual





### Troubleshooting

• Artifact

- Indicates
  - interference to the EEG signal
- Small artifact with muscle movements
- Significant artifact with "electrode pop" and from other electrical sources







### Activate, Then run exposures

• Start





Run the first exposure 

on F3/F4





Run the third exposure 

on F3/F4







### Click the pause button, then move electrodes









- Run three exposures on F7/F8
- Use the pause button to pause while moving electrodes









- Run three exposures on Fpz/Bz
- Use the pause button to stop the session at any time







### **Exiting the Software**

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• If exiting the software before a full cycle, click exit









### • Then click exit or restart for additional exposures









### • Always click "save to database"









### • To fully exit the software, do this.









### • Then click "Yes"

IASIS MCN 7.0

Start Sessions Review Exit

You are about to quit program. Proceed? a. Yest No. MCN: NEUROFEEDBACK Data Storage Cloud 💼 🔉 💽 🔚 🖸 🚺 🔳 Q Search BS\*F Sunny









### • Then click "Yes"

User Account Control

Do you want to allow this app to make changes to your device?



IASIS MCN Application

Verified publisher: IASIS Technologies Corporation File origin: Hard drive on this computer

Show more details

Yes

No







### Cleanup



- Holding the bottom of the metal, wipe all Elefix off of the waffles
- Clip all five electrodes together at the end
- Soak electrodes in witch hazel to remove Elefix
  - Seven minutes
  - Set an alarm!
  - Electrodes will erode more quickly if soaked longer

• Wipe electrode sites on skin/scalp with a witch hazel-soaked cotton round



• Use a soft toothbrush to remove Elefix if time is tight







MCN: MICRO CURRENT NEUROFEEDBACK

### Thank you for your attention! Q&A

Visit Our Website microcurrentneurofeedback.com