



Informed Consent for IASIS MCN: Micro Current Neurofeedback

WHAT IS IASIS MCN?

IASIS MCN, with innovative ultra-microstimulation, effectively calms and stabilizes the nervous system, shifting us away from stress responses and into a tranquil state. These sessions evoke a profound sense of relaxation and equilibrium, offering similar benefits to meditation or nature, which activate restorative pathways for enduring wellness. IASIS MCN amplifies your natural healing by harmonizing the nervous system, fostering unified mind and body rejuvenation. It is not designed as a specific treatment but rather an overall relaxation response that supports healthiness and encourages self-healing.

Please note that while IASIS MCN has shown positive outcomes, individual results cannot be guaranteed. Feel free to ask questions at any time to ensure your full understanding before proceeding.

BENEFITS

IASIS MCN has been observed in clinical settings to provide improvements in a variety of conditions within a relatively short time frame. These sessions evoke a profound sense of relaxation and equilibrium, offering similar benefits to meditation or nature, which activate restorative pathways of enduring wellness. IASIS MCN amplifies your natural healing by harmonizing the nervous system, fostering unified mind and body rejuvenation. It is not designed as a specific treatment but rather an overall relaxation response that supports healthiness and encourages self-healing. These improvements may include:

- Recovery from the effects of head injuries or psychological trauma
- Better clarity of thought, increased energy, improved sleep, restored sense of humor, motivation, and more ease in daily activities
- Reduced depression, irritability, impatience, and emotional instability

ALTERNATIVES

What sets IASIS MCN apart from traditional approaches is its gentle, yet impactful signal that delivers results without the adverse effects commonly associated with older techniques.

Other forms of brainwave biofeedback exist but generally do not produce results as quickly as IASIS MCN. While electrical field feedback's long-term effects are unknown, the feedback signal generated by IASIS MCN is extremely weak, far less powerful than everyday devices like cellular phones. There have been no recorded problems with the emissions from this device.

IASIS MCN is not a medical treatment and should not replace traditional medical care.

Always consult your physician, especially if you are on medication or have a medical condition that requires monitoring.

CONDITIONS FOR WHICH IASIS MCN HAS BEEN FOUND HELPFUL

IASIS MCN targets high delta brain waves, which could lead to symptom relief and improved wellness for those with a variety of conditions.

- Depression
- Post-traumatic stress disorder (PTSD) symptoms
- Anxiety, hypervigilance, anger, sadness, irritability
- Sleep disturbances
- Attention-deficit/hyperactivity disorder (ADHD)
- Autism in children and young adults
- Chronic fatigue syndrome, fibromyalgia pain
- Stroke
- Addiction

PROCEDURE

Sensors will be applied to the scalp using conductive paste to improve the quality of the signal. The feedback process is non-invasive, and you will not be asked to engage in any specific tasks during the session. Feedback is delivered via faint electrical signals, but you will not see or feel them.

Your appointment will be approximately 30–45 minutes, with the actual feedback portion lasting 3–15 minutes. You will be asked to track any symptoms or side effects before, during, and after treatment via a 24 hour observation report.

Following this tranquil experience, it is typical for an individual to emerge feeling a newfound sense of serenity and a diminished response to life’s usual stressors.

RISKS

While IASIS MCN is generally considered safe, some risks exist:

- **Electromagnetic Field Side Effects:** The feedback signal is extremely weak, but its long-term effects are unknown. There have been no recorded issues with the signal emissions.
- **Seizures:** Rare cases of seizures have been reported in individuals with a history of seizures. Patients should consult their physicians before reducing anticonvulsant medication.
- **Response:** Some patients may experience overstimulation that present as feeling tired, wired spacey or exacerbation of symptoms. This may last a few hours or up to 24 hours post session.

SIDE EFFECTS VS. BENEFITS

It can sometimes be difficult to determine whether a new feeling is due to the treatment or other factors. If you find yourself uncertain more than three times, it may be related to IASIS MCN. Always keep track of your experiences and discuss them with your practitioner.

VOLUNTARY PARTICIPATION

Your participation is completely voluntary, and you may withdraw your consent at any time without penalty.

CONFIDENTIALITY

Your identity and treatment data will remain confidential unless disclosure is required by law. Examples include:

- Under court order
- Suspected unlawful behavior (e.g., child abuse)

- Legal action against the clinician

PERMISSION FOR TREATMENT

By signing this form, you give permission to Theresa Horab, R.N., or her team, to collect and use data related to your treatment, while maintaining your confidentiality.

I acknowledge that I have read, understood, and agree to the terms of this consent form.

Initial here: _____

Cancellation Policy: Cancellations made with less than 24 hours' notice will incur a \$50 fee.

Initial here: _____

Signature of Patient/Representative Signature of Clinician
